

# KINDNESS GAME

**SMILE AT 10 PEOPLE**

**SLIP A NICE NOTE  
INTO SOMEONE'S  
BACKPACK**

**LEARN TO SAY  
THANK YOU IN  
A NEW LANGUAGE**

**SIT WITH A NEW  
PERSON OR GROUP  
OF PEOPLE AT LUNCH**

**GIVE SOMEONE A  
HIGH FIVE**

**HOLD THE DOOR  
FOR SOMEONE**

**MAKE A THANK YOU  
CARD FOR YOUR  
TEACHER**

**FIND SOMETHING  
YOU HAVE IN  
COMMON WITH  
A CLASSMATE**

**CREATE YOUR OWN  
KIND DEED**

**ASK SOMEONE  
ABOUT THEIR DAY**

**COMPLIMENT  
SOMEONE**

**WRITE DOWN THREE  
REASONS YOU ARE  
PROUD OF YOURSELF**

