

## Sample Middle/High School Check-in Survey

Hello to all students! We care deeply about each and every one of our students and are looking for an idea of how you are doing and what your day-to-day life is like during the COVID-19 quarantine.

Please take a few minutes to answer each of the questions on this survey as thoroughly as possible so that we can have a better idea of how best to support you.

Student Name: \_\_\_\_\_

Grade Level: \_\_\_\_\_

### **PERSONAL:**

How are you doing?

How are you staying socially connected?

- Instagram
- Video Chats
- Texting
- Facebook
- Phone calls
- Other

How often are you connecting with friends with one-to-one communication?

- Less than 15 min per day
- Up to an hour a day
- More than an hour a day

Who do you connect with on social media or calling/Facetime/etc.?

- Friends
- Family
- Teachers
- Pastor/mentor
- Counselor
- No one

How much do you feel you have an outlet to express yourself?

(1-5) 1= not at all      5= as much as I need

Do you have access to nature or outdoor space where you are?

- Yes
- No

What has been the best thing about school closure?

What has been the most difficult thing about school closure?

What kinds of things are bringing you a sense of comfort or safety these days?

What do you do when you're feeling concerned, anxious, or upset?

**HOME:**

What does home life look like for you?

What does your daily routine include?

- Gaming
- Social media
- Reading
- Exercising
- Eating/cooking
- Sleeping
- Chores
- Academics
- TV or video watching
- Other\_\_\_\_\_

What are your responsibilities at home?

- Caring for siblings
- Chores
- Cooking
- Studying
- Work a job
- Caring for elders
- Other

What is included in your work/study space at home?

- My own desk
- I share a desk
- I use the kitchen
- A computer
- Supplies (highlighters, Post-its, pens, pencils)
- I don't have a study space
- Other

How much family activity and/or distraction occurs in your work/study space?

(1-5) 1= no distraction            5= constant disruption

How many people are in your home during quarantine? (including yourself)

**DISTANCE LEARNING:**

If you have online access, please check the devices that you can actively use to communicate with your teachers and peers.

- Smartphone
- Laptop
- Desktop
- iPad/tablet
- Other

How able are you to communicate and do schoolwork online?

(1-5) 1= Not at all—I have no access            5= 24/7—I have constant access

Do you need a computer (where school or district can offer)?

- Yes
- No

What type of art materials are available to you?

Which staff members at our school do you would feel most comfortable talking with?

Is there anything else you want us to know so that we can support you during the school closure?