

## SELF-ASSESSMENT

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# Social & Emotional Development

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### DAILY GOALS

1. Work completion.
2. Dialogued about frustrations.
3. Stayed focused on assignments.
4. Showed respect and compassion for others.
5. Regrouped and continued on with work after a frustrating time.
6. Helped another teacher or student.
7. Contributed some ideas and suggestions to a conversation.
8. Used positive language in describing a need or desire.
9. Self-reflected how my daily work and interactions affect my big goal.
10. Shared big goals with parents, administrators, and community members.
11. Created a personal statement, visual, and/or tool for encouragement when working on big goals.

### BIG GOALS

1. Completing project successfully.
2. Summer job.
3. Peer tutor or advocate.
4. Guest presenter in a class or organization.
5. Manuscript submission.
6. Volunteer position.
7. Improved grades in school.
8. Joined organization or clubs.