Social Media Tips for Parents

1. Turn on parental controls on your child’s phone.
2. Collect all Screen Names & Passwords.
3. Have your child add you as a friend to all social media accounts.
   Beware of Finstas - fake accounts.
   ○ Let them know that you will be randomly checking their accounts at least twice a week.
4. Turn off location sharing.
5. Set limits on length of use and appropriate apps (or sites).
6. Use first name only.
7. Friend only people you know in real life.
8. Use appropriate language and treat people nicely.

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