

John Dewey once stated...

“We do not learn from experience; we learn from reflecting on experience.”

Month of _____

Gratitude	
Date	Observations

Things I'm Learning	
Date	Observations

Questions	
Date	Observations

Monthly Look Back:

- Who did you make meaningful connections with this month?
- When did you feel competent or even masterful in your work?
- What do you feel proud of having done or not done this month?
- When did you feel like your work was most impactful?
- What are the unresolved challenges that need more attention?