



### Maspeth High School

### Student Listening Circle



March 1, 2024







### Check In Activity

On the cat scale, how are you feeling?



#### Circle Guidelines or Norms



Sit in a circle with no obstructions



P Opening & Closing Ceremony



Take turns speaking (Honor the "talking piece" /popcorn)



Be curious, not critical



Share genuinely and listen compassionately

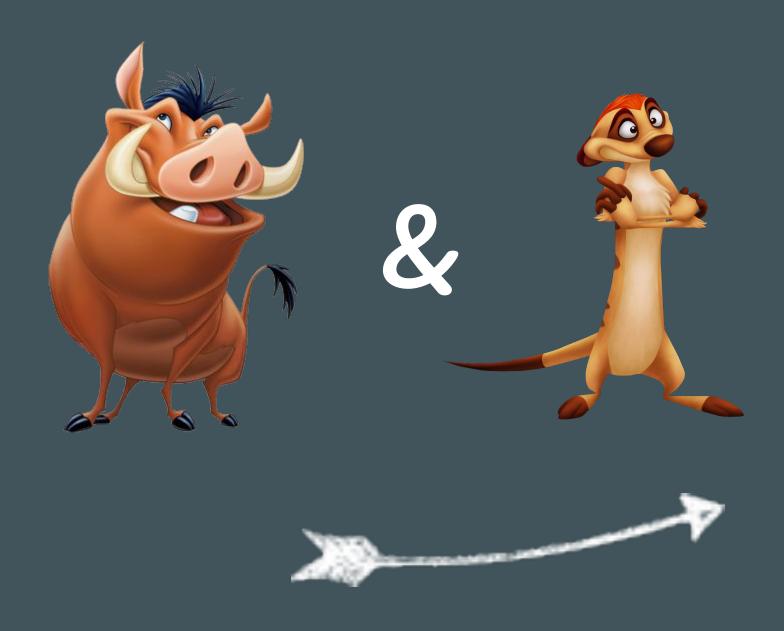


Safe space for all perspectives - Honor privacy





#### Opening Activity: Getting Acquainted



Find your match
Introduce yourself
Discuss the prompt on the
back of your cards.

Get up and ready...

To move to either side of the line



Eat Chinese food

Eat Pizza

Be a scuba diver

Be an astronaut

Sleep in

Get up early

Pool

Beach

Give up air conditioning and heating for the rest of your life

Give up the internet for the rest of your life



Have universal respect

Unlimited power

Find true love

Find a million dollars



# Advocate for yourself



# Advocate for others





#### Is it easier to



Advocate for yourself



Advocate for others



(Discuss with a person on your side of the line)

#### Circle Discussion

#### What is Self-Advocacy?



Speaking up for yourself.



and

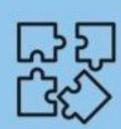
Staying informed knowing how to get information



Knowing your rights and responsibilities



**Finding** people who will support you



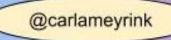
Solving problems



Reaching out to others when you need help



**Taking** control of your own life = self determination



Using these examples of self-advocacy respond to any of the following:

- 1) When in school do you use these skills?
- 2) What is challenging about advocating for yourself?
- 3) Share a story of a time you advocated for yourself at Maspeth

Self advocacy helps you to take ownership of your learning.



# Closing Ceremony (whiparound)





If you can advocate for one change at Maspeth HS, what would it be?

