

**WALKING THROUGH**

**WRITING**

Personal Statement Style





# DROP US IN

- **Goal:** Make us feel like we just walked into your life mid-scene.
- **Task:** Create an opening that...
  - Drops us into *action*
  - Has at least one strong image



# ANCHOR THE CONTEXT

- **Goal:** Help us understand what's happening
- **Task:** Clarify
  - Where you are
  - Who's involved
  - Why this moment matters



# TENSION/SHIFT

- **Goal:** Show us the exact moment your thinking changed.
- **Task:** Name the shift:
  - In this moment I realized \_\_\_\_.



# THROUGH-IMAGE

- **Goal:** Select an object or image you can repeat to build cohesion.
- **Task:** Focus on an image.
  - Options: object, sound, gesture, setting detail.



# MICRO-MOMENT

- **Goal:** Zoom in & make the readers feel something.
- **Task:** Explain the moment.
  - Selection of detail
  - Internal thoughts
  - Observations



# DIALOGUE

- **Goal:** Reveal significance through dialogue.
- **Task:** Insert 1–2 lines of dialogue that:
  - Push the moment forward
  - Reveal tension or emotion
  - Reflect a real voice



# THE MESSAGE

- **Goal:** Move from action → meaning.
- **Task:** Answer...
  - Why does this moment matter in the story of who I am?



# REFLECTION

- **Goal:** Stay specific and keep it real.
- **Task:** Choose 1 and fill it in...
  - Now I notice...
  - Back then, I didn't realize...
  - What surprises me now is...
  - The truth I'm returning to is...



# TITLE

- **Goal:** Make your title matter.
- **Task:** Brainstorm 3 possible titles using:
  - Your through-image
  - Your shift
  - A line of dialogue
  - A theme/idea